

## Slovenská spoločnosť pre ISTDP

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STOP Acodemy

Dear colleagues,

The Slovak Society for ISTDP warmly invites you to the next presentation in the ISTDP Academy series.

## 3rd december 2024 Tami Chelew (USA)

17:00 - 19:30 (CET) online (Zoom)

## Listening to the unconscious alliance

In this presentation, Tami Chelew will use a video recording of a therapeutic session with a high-resistant patient with tendecy to repression to illustrate core theoretical concepts and techniques employed in ISTDP. The focus will be on restructuring regressive defenses, carefully observing the patient's responses to interventions, the emergence of complex feelings, listening and following the unconscious therapeutic alliance, and the process of unlocking the unconscious using the graded format in ISTDP.



Tami Chelew is a licensed marriage and family therapist with an active practice in San Diego, providing ISTDP therapy, training and supervision to students. Tami currently co-leads an ISTDP Core Training with Allan Abbass in pursuant to becoming an IEDTA Approved Supervisor. She offers an ongoing monthly ISTDP Couples Training in applying ISTDP with Couples.

Tami is completing her 2-year term as President of the International Experiential Dynamic Therapy Association and is a co-creator of ISTDP San Diego Community.

She is a certified Emotionally Focused Couples (EFT) Supervisor and Therapist and she is Dually Certified in Accelerated Experiential Dynamic Psychotherapy (AEDP) for Individuals and Couples. Tami's background in EFT for Couples, AEDP, and ISTDP have all served her well in shaping and expanding her clinical skills and developing her art as a psychotherapist. For further information see www.tamichelew.com.

For whom?

The presentation is intended for psychotherapists with completed comprehensive training and active clinical practice, who are interested in education in ISTDP.

Registration

You can register at this <u>link</u>. or at office@istdp.sk. For more information: <u>www.istdp.sk/akademia</u>.

Participation fee: 40 €\*